

**We recommend a full dental health examination to assess growth patterns
A round 4/5 years of age.**



- **Have regular checkups** - 6 monthly to monitor development
- **Have your child brush twice daily**
- **Encourage flossing**
- **Always speak positively of dental visits.**
- **Make every dental step a positive one – remember orientation may be required!**
- **Act early** to issues such as mouth breathing, tongue thrusting, thumb sucking, tongue/lip ties and crowding
- **Keep juice/soft drink to a minimum**
- **Dental Accident?** Save the tooth, place in milk NOT water and phone the dentist asap!
- **IT IS NEVER TOO EARLY TO ASK ABOUT DENTAL CONCERNS!!!!**

Feel free to contact Fanelli Dental if you have any questions regarding your child's development.



Bringing Dental Excellence for the whole family to Gladstone for over 30 Years

Dr Remo Fanelli and The Fanelli Dental Team are a group of highly trained professionals who are passionate about providing the latest and best techniques and procedure to enable our patients to have the best of dental care.

- All General Dental – Comprehensive Exam with a focus on long term planning
- Restorative Dental Care – Implants, one visit crowns, dentures
- Cosmetic Dental Care – Smile Makeovers, Whitening, Veneers and porcelain crowns by master technicians
- Wellness Dentistry - Treatment of Head, Neck and Jaw Pain, Snoring and Sleep issues, breathing retraining
- Preventative Care Dentistry – Our aim is to keep healthy teeth For life through our Active Maintenance Program
- Orthodontics for all ages (from 4) - Dental Appliances, Braces, Invisalign, Rapid Smiles and Inman Aligners
- Onsite Dental Technician and Lab - Mouth guards, Dentures and Appliances
- Dedicated Early Kids Treatment Programs - Specifically trained in children's dental development & Treatment.

- **Payment Plans** • **All Health Funds**
- **Free Second Opinions**
- **“No gap” Child Dental Benefit Scheme**



Excellence in Dental Care



Healthy Teeth For Life



Ask us about our FREE Orientation Visit*

Give Your Child The very best start in life 5-12 yrs

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**We invite you to join our
Fanelli Dental Family!**

Introducing Fanelli Dental Kids Care – setting a standard of Excellence in Children’s Dentistry in Gladstone. Our programs are unique to Central Queensland meeting the needs of your child at each stage of their development and giving them the best start to healthy teeth, total wellness and facial aesthetics.

- ✓ **World Class Kids Care Facility**
- ✓ **Child Friendly and focused**
- ✓ **Highly trained professionals with over 30 years’ experience in Early Childhood development, treatment and Functional Orthodontics**
- ✓ **Free orientation – 6 and under**
- ✓ **Preventative Care and Check-up appointments**
- ✓ **Early Myofunctional and Orthodontic Treatment**
- ✓ **Stopping Thumb Sucking Coaching**
- ✓ **Breathing and Face Gym Training.**



**EARLY DETECTION & TREATMENTS
LEADS TO EXCELLENT RESULTS!**

At Fanelli Dental we have seen over many years the **importance of early intervention**. Our team have undergone extensive training to identify signs of functional issues which can have a negative impact on future dental development. **Mouth breathing, tongue thrust, thumb sucking and incorrect swallowing** as well as allergies, asthma, tongue ties large tonsils & adenoids contribute to poor jaw & dental development.

Mouth Breathing can change the shape of the developing face. When a child mouth breathes they potentially develop a long narrow face, high narrow arches and dental crowding.

Nasal Breathing develops optimal facial aesthetics – balanced faces of the face, creates wide arches for adult teeth and a beautiful smile!

MOUTH BREATHING has been linked to

- **Crowded teeth**
- **Blocked/ runny nose**
- **Dark under eyes**
- **Tiredness**
- **Snoring /sleep apnea**
- **Ear infections**
- **Speech issues**
- **Nightmares**
- **Bed wetting/ frequent toilet trips**
- **Asthma and allergies**
- **Tonsillitis, adenoid & sinus inflammation**
- **ADHD / attention issues**

Early treatment can result in the face developing to its full potential, minimizing or even avoiding braces and extractions

Common Concerns for 5 -12 Year olds

My child’s teeth are crowded... When is the right time to act? It is never too early to get your child’s mouth checked. Crowding is an indication of functional issues. Addressing these early can positively influence your child’s dental, airway & facial development as well as overall health. Treatment can include removable appliances, facial exercises & if required a referral to specialists.

My child grinds their teeth. Is that a concern? The main contributing factors to grinding at this age are airway issues. It is important to check tonsils, adenoids, dental bite and alignment. Our Oral Health Therapists, Renee and Courtenay and Early Treatment Therapist Glenda are trained to identify the signs of grinding as well as other airway issues.

My child is a restless sleeper and occasionally snores For children, snoring is considered significant and a sign of possible airway issues. Restlessness during sleep is also a sign for concern.

My child bedwets- Numerous studies have shown that improving airways through Tonsil/Adenoid removal and /or dental plates can eliminate bedwetting in up to 80% of cases.

We have an anxious child! We know that anxiety will rise when we feel our control has decreased. Our team have had excellent success with the most anxious of children. Our “Anxious Patient Protocol” lets them feel comfortable and enables us to build trust. It is important to make the visit fun & positive giving them control of what is happening. Speaking positively of dental visits at home is a great start.

My child’s adult teeth seem darker than their baby teeth This is totally normal. Baby teeth are generally much whiter than permanent teeth.

How do I spot decay? Lift the lip and look for white, black or brown spots, particularly on the upper teeth.

Do children have plaque and is it harmful? Plaque is a bacteria film that sits on the teeth and over time can lead to cavities. Only a dental professional can remove hardened plaque (tartar).

Should my child floss? YES!!! **Flossing** aids in the prevention of decay between teeth where a toothbrush cannot reach!

How much involvement should I have with brushing?

After 6, supervision is important - Most children tend to miss the cheek surface of the upper back teeth & the tongue surface of the lower back teeth. **My child hates brushing?** Have them be part of the decision making with toothbrush & paste choice. From the age of about six, it’s safe to use adult toothpaste.

Is Thumb and Finger Sucking a problem? Prolonged sucking habits can cause the front teeth and the surrounding bone to be pushed out of shape - often impacts on arch and airway development. If the habit continues, it is important to seek advice. **Our “Thumbs Out” program is highly successful!**

Why is nutrition important to dental health?

Good dental hygiene is great but without a healthy diet, your child will still be prone to getting cavities. Avoid sweets, sticky foods & between-meal snacks. Keep acidic drinks, such as soft drinks, sports drinks & juice, to a minimum, as they soften the enamel of the teeth, making them more prone to decay & wear. Teeth-friendly snacks include fresh fruits vegetables, cheese & crackers are best.

NO GAP CHILD DENTAL BENEFIT SCHEME